



Master Practice Minutes

Theater and Successful Aging

Learning Objectives:

- Learn about leading or co-leading a Drama workshop at your organization.
- Discuss how to choose a leader for the workshops (team member or resident) and an ideal space.
- Hear best practices and tips

Tips from Glen Meadows:

- Create structure for each workshop
- Find out from the group if they want to do a 'Process' oriented group or 'Product'
- Create a Fun environment! Use of props and costume pieces
- Allow enough time for all to participate in some way
- Use a white board or a visual (handouts) for communication

Questions:

- How have you or how will you attract residents to the group?
- How long of are your sessions or how long will they be?
- Do you want to have it be a Process (drop in) or a Product (performance focused) group.

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