

# MPL Core Experience

Participant Handout: Successful Aging & Our Organization



## Additional Resources

- Do you have hidden biases about aging? Find out at:  
<https://implicit.harvard.edu/implicit>
- Blogs about ageism:
  - <http://changingaging.org/> by Dr. Bill Thomas
  - <http://www.thischairrocks.com/> by Ashton Applewhite
- Inspiring story about discovering a hidden talent later in life:  
<http://www.ohmygoddessbloggers.com/dragonfly-movement/my-mother-the-dragonfly>
- Books about aging:
  - *What are Old People For?* by Dr. Bill Thomas
  - *Successful Aging* by Dr. Robert Kahn & John Rowe
  - *Live Long, Die Short* by Dr. Roger Landry