

### **Our Journey Through the Ages** (community newsletter promo)

Have you ever wondered where perceptions and stereotypes about aging come from? How did the role of the older adult evolve throughout history, and what brought us to where we are today? ***Aging Through Ages*** is a five-part workshop by Masterpiece Living that invites you on a journey to explore the history of aging. You will get to travel back in time through the Hunter-Gatherer Age, the Agrarian Age, the Industrial Revolution, and then return to our present Technology Age followed by a brief glimpse into our potential Future. Each session will illustrate what life was like during these historic periods – what we learned and discovered, the role of older adults and their contribution to society, and the overall view of aging. You will be encouraged to share your ideas during engaging discussions and thought-provoking activities. You will also leave understanding how we might contribute to the bright Future Age that will celebrate our older adult population. ***Aging Through Ages*** begins [Day, Month] and will be held each [Day] at [Time]. Those interested in attending and/or facilitating a session should contact [Name], your Masterpiece Lifestyle Coordinator.

### **Our Journey Through the Ages** (Mosaic promo)

Have you ever wondered where perceptions and stereotypes about aging come from? How did the role of the older adult evolve throughout history, and what brought us to where we are today? ***Aging Through Ages*** is a five-part workshop by Masterpiece Living that invites participants on a journey to explore the history of aging, where they will get to travel back in time through the Hunter-Gatherer Age, the Agrarian Age, the Industrial Revolution, and then return to our present Technology Age followed by a brief glimpse into our Future. Each session will illustrate what life was like during these historic periods – what we learned and discovered, the role of older adults and their contribution to society, and the overall view of aging. Participants will be encouraged to share their ideas during engaging discussions and thought-provoking activities. They will also leave understanding how we might contribute to the bright Future Age that will celebrate our older adult population. Ask your Masterpiece Lifestyle Coordinator for more information about ***Aging Through Ages*** at your community.

### **Aging Through Ages** (short promo)

***Aging Through Ages*** is five-part course offered by Masterpiece Living that explores the history of aging and the evolving role of older adults over time. Participants are invited on a virtual journey that takes them through the Hunter-Gatherer Age, the Agrarian Age, the Industrial Revolution, and back to our present Technology Age followed by a brief glimpse into the Future. Each session will illustrate what life was like during these historic periods – what we learned and discovered, the role of older adults and their contribution to society, and the overall view of aging. Participants will be encouraged to share their ideas during engaging discussions and thought-provoking activities. They will also leave understanding how we might contribute to the bright Future Age that will celebrate our older adult population.

### **Aging Through Ages** (community announcement)

[Your Organization] is pleased to introduce ***Aging Through Ages***, a five-part course created by Masterpiece Living that explores the history of aging and the evolving role of older adults over time. Participants are invited on a virtual journey that takes them through the Hunter-Gatherer

Age, the Agrarian Age, the Industrial Revolution, and back to our present Technology Age followed by a brief glimpse into our Future. Each session will illustrate what life was like during these historic periods – what we learned and discovered, the role of older adults and their contribution to society, and the overall view of aging. Participants will be encouraged to share their ideas during engaging discussions and thought-provoking activities. They will also leave understanding how we might contribute to the bright Future Age that will celebrate our older adult population. ***Aging Through Ages*** begins [Day, Month] and will be held each [Day] at [Time]. Those interested in attending and/or facilitating a session should contact [Name], your Masterpiece Lifestyle Coordinator.