

Upward Mobility

27 Out of 30
Average score

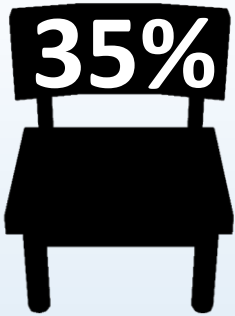


70%
Have a "low risk of falling"

Mobility Review Total Score

In the
Masterpiece Network

chair Stands



35% Scored better than peers living in their own homes



Arm

Curl

2 in 3

56%
Scored Above Average

Scored better than peers Living in their own home

Scored better than the Average older adult living in their own home



37%

Single-leg balance

3,860
Number of individuals in 2016 who participated in the Masterpiece Mobility Review

Two Minute March
36%
Above Average

Average Age of resident in the MPL Network

84
Years Old

Average Age of individual for National Norm Benchmark

75
Years Old

Mobility is essential to independence which is why so many individuals in the Masterpiece Network are tuned in to their balance, agility, flexibility and strength abilities. The numbers don't lie - individuals in the Masterpiece Network fare well when compared to active, healthy older adults living in their own homes. According to the data, the average resident living in the Masterpiece Network is the "upwardly mobile" type.....