

## TAKE ACTION!

Masterpiece Living provides you with an opportunity to take a look at your current lifestyle practices and compare them to the research on successful aging. Contact your MPL lifestyle coach to set up a time to take your Lifestyle and Mobility Reviews. From there, your coach will review your personalized feedback report and discuss strategies for charting your own course for a healthier aging experience.

*"The Masterpiece Living Lifestyle Review helps you live smart living instead of dying. It saves your life. It's the best investment you can make."*

# Making the Most of Your Aging Journey

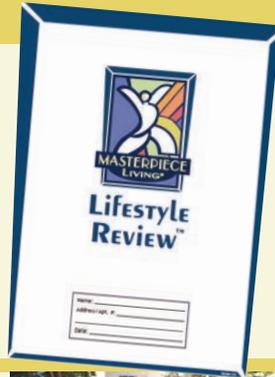
## THE IMPORTANCE OF REVIEWS, REPORTS AND FOLLOW-UP SESSIONS

# SAMPLE

NEXT STEPS:  
• TAKE THE REVIEWS.  
• GET YOUR FEEDBACK  
• MAKE A PLAN

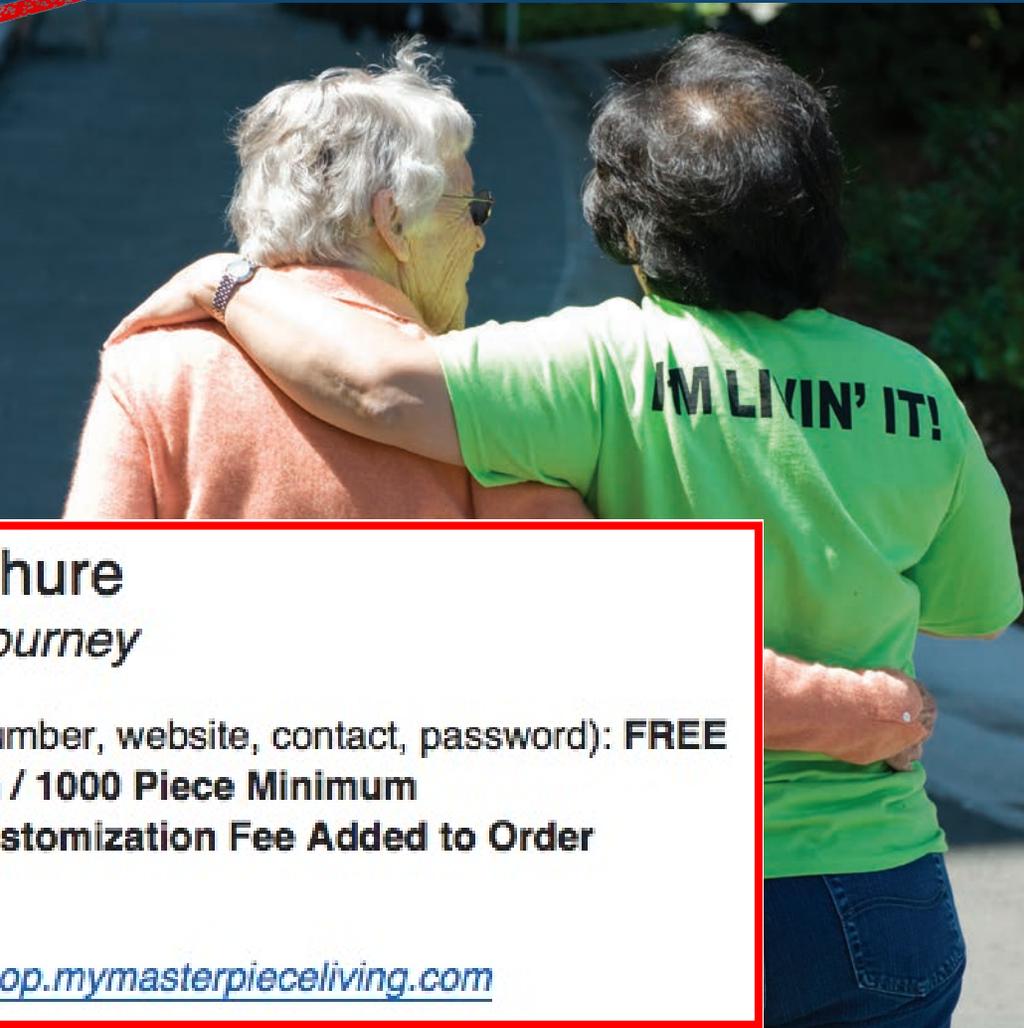
### LIFESTYLE REVIEW

Lifestyle is the major determinant of how you will age. You can get a snapshot of yours: Your strengths and areas for potential growth. Discover your strengths and possibilities for growth in physical, intellectual, social, and spiritual well-being.



MOBILITY I  
Improve your strength  
at any age. Take  
next steps in reach

REPORTS A  
Get a customized  
from your Lifestyle  
to improve and lead  
the report to guide  
You can track your  
successful aging



## MPL Review Process Brochure

### *Making the Most of Your Aging Journey*

- **Text Field Customization** (name, number, website, contact, password): **FREE**
- **Price Per Brochure: 50 Cents Each / 1000 Piece Minimum**
- **To Submit Custom Photos: \$50 Customization Fee Added to Order**

Order in the MPL Online Store: <https://shop.mymasterpieceliving.com>



### YOUR MPL COACH!

[Coach Name] is [Your Community]'s MPL coach, and can help guide you on your aging journey.

### LIFE AT [YOUR COMMUNITY]!

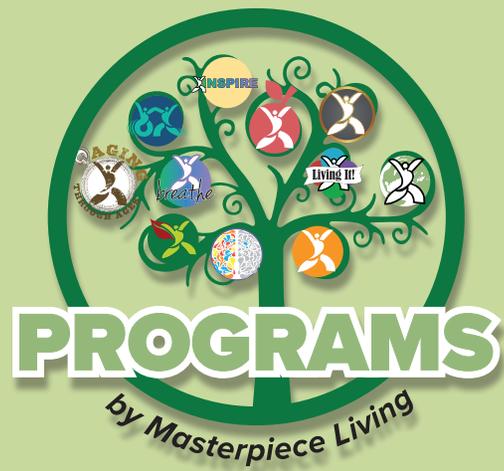
With Masterpiece Living (MPL) at your community, you have access to exclusive tools and resources that support a successful aging experience. You can review some of those resources by logging into [Your Community]'s online portal.

Visit **MyMasterpieceLiving.com**, click the "login" button followed by "register." Then, enter [Password] for your password. From there, click on the "resources" button, and you'll be directed to a host of topics related to the four components of successful aging (social, intellectual, physical, spiritual), including brain training activities, community-related news and more.

Additionally, make sure you take the time to meet with your MPL lifestyle coach to learn more about special events at [Your Community] such as *Living It!*, *Movement Matters*, *Resilience*, and *Breathe*, to name a few. They will also be the best person to meet to learn when reviews are being scheduled and more about the MPL Champion team.

#### WHAT IS A MASTERPIECE LIVING CHAMPION?

A Masterpiece Living Champion is someone who wants to take an active role in the culture of successful aging at their community.



### MPL RESOURCES

[Your Community] has a wide variety of MPL tools, including specialty Programs by Masterpiece. Ask your MPL coach for details.