



Network Practice: Champion Team

Team Member Referral Contest

Grandview Terrace

Involve team members during the pre-debut process: give each team member business cards with information about taking the Masterpiece Living Lifestyle Review. Team members approach residents and ask them to take a card, sign their name on the back of the card, and the team member gets credit if the resident takes the reviews. The team with the most resident referrals is rewarded.

Resident Education

Multiple Communities

The Masterpiece Living Champion Team may create condensed training modules for residents. These informal "training sessions" may be offered in a living room setting with a cocktail party.

Steering Committee Interviews

Multiple Communities

During Debut, resident champions were interviewed about their experience of taking the Lifestyle Review. Questions were selected and asked to address any hesitation residents had about participating in the reviews. This approach was also designed to feature peer to peer testimonials.

Application for Resident Champion Committee

Multiple Communities

An application process was created to maintain the integrity of the Resident Masterpiece Living Champion Team. Basic standards have to be met such as completing the MPL Reviews, volunteering at events and promoting MPL throughout the community. The application helps to keep the group focused on the overall mission of promoting success aging and enhancing the community culture.

Follow Up Sessions at Ware Presbyterian Village

Ware Presbyterian Village

Create a team for each annual goal. One example is a coaching team, which may be made up of one team member and two residents. The team watches the coaching videos and follow-up session integration video as preparation for leading the follow-up sessions. After the MPL Reviews have been completed, the resident champions hand deliver feedback reports to resident participants. The report packets include information that explains what the successful aging initiative is all about and a description of what follow-up sessions are. As they hand out the packets, they encourage each resident to come to the follow-up session with a goal in mind. The resident champions describe the follow-up sessions as a good conversation between friends and neighbors.

Resident Champion Debut

Multiple Communities

Enlist resident champions to begin Debut by explaining each fundamental concept of Masterpiece Living: culture, lifestyle, process vs. program, successful aging, and resilience. Following the introduction, invite four resident champions to describe each pillar (SIPS) and give examples of programs that fall into each category.

Conference Line Quarterly

Multiple Communities

Encourage communities to meet once per quarter via a conference line. The MPL Partnership Specialist works with the corporate contact to identify an agenda and teams that are able to speak to successes they have experienced on each identified topic. Include an opportunity for open discussion and an update from the corporate representative at the end of each call. This call serves as a channel for communication and an opportunity to share and highlight best practices.

Reference Binders

Multiple Communities

The four expert leaders for each component of MPL have a binder specific to their specialty which contains information about Masterpiece Living. Items include: Ten Tips for Aging Successfully, MPL Summary, "Living It" specifics for their specialty, and other Successful Aging materials. Dividers help to organize the sections and provide a place for additional resources. This is a handy reference tool for ongoing training.

Strong Steering Committee

To keep the integrity and focus of the successful aging committee (comprised of residents), a comprehensive document stating the successful aging mission of the community, the role of the committee, strategies that would be used to fulfill the role and operational guidelines for the committee was created. New members to the committee are asked to read through this document and commit to support the groups mission. This has been a helpful tool to keep all members of the committee aligned.