



Network Practices: Intergenerational

Intergenerational Technology Experience

Edgemere

Edgemere has developed a “Good Neighbor” Program with the University of Texas at Dallas enabling Edgemere to benefit from their professors, scientists and Doctoral candidates for programs and classes. Student volunteers from UTD instruct Edgemere residents on their iPads and iPhones with great results.

Resident Memoir

Multiple Communities

Create a community memoir project. Students from the local high school come to campus weekly and interview residents and take notes that are collected and shared with the resident and their family.

Stairwell Mural

Multiple Communities

The stairwell project was created by local high school art students. Students visited each week to complete the work of art. A reception with the artists, residents, and team members was the grand finale.

Game Night

Multiple Communities

Residents gather to play the Wii and board games such as Cranium, Battle of the Sexes, Family Feud, etc. It is a multi-generational evening as the Wii appeals to grandchildren and great-grandchildren!

Relationship with local AFJROTC

La Loma Village

La Loma Village has made a recent connection with Agua Fria High School Air Force Junior ROTC program and has had several meaningful encounters. La Loma Village is located a stone’s throw away from Luke Air Force Base and has a large retired military resident population, so the connection with the young military hopefuls was a great intergenerational experience for both the residents and the students. The AFJROTC prepared a special ceremony for Patriots Day and had an immediate connection with the residents. After the success from the initial meeting, the AFJROTC requested to return to La Loma Village to interact and learn more from the residents. They have returned to La Loma Village to assist in decorating the campus for the holidays and to take down the decorations after the holidays are over.

Life Stories with Art Students

La Loma Village

Invite art students from a local school to visit the community to interview participating residents about their life stories. The students work for a period of time on an art project based on the resident's story, and then return to the community to present their projects.

Jazz Band & Color Guard Kick-off

Rosewood Retirement Community

Kick off Walk to Wellness with a local high school jazz band and color guard providing entertainment and leading the community through its first few steps.

Partnering with Local School

Piedmont Gardens

Piedmont Gardens partnered with 7th graders from the school across the street. Students joined the debut event, weekly exercise/dance events, tracked their steps and performed with the residents during the celebration event. Residents enjoyed getting to know these students and students had fun showing residents dance moves and encouraged them to dance.

Intergenerational Movement

Deerfield Retirement Community

Gather support from a local school. A school near the community brought two bus loads of children to walk with residents on different routes during our Walk to Wellness Day. We stationed resident ambassadors at different mile markers to encourage walkers and hand out water, healthy snacks, and rubber ducks with inspirational sayings attached. One resident had just finished therapy for a new hip replacement and, with her doctor's approval, decided to try the 1/2 mile route. She was elated when she was able to walk alongside a student participant. Her smile at the end of the day was priceless! Many of the children were amazed at the residents' endurance. They also enjoyed the conversations that ensued. The event brought generations together with a common goal of walking, moving, and great conversation.

ArtPrize

Four Pointes Center for Successful Aging

ArtPrize is an annual international open art competition held in Grand Rapids, Michigan every September. The purpose of this event is to engage individuals from all backgrounds; strike up conversations about art and create a positive connection in the community. Five years ago, Four Pointes and local a graduate program of Occupational Therapy (OT) at Grand Valley State University (GVSU) formed an educational and community partnership. One of the many valuable products of this relationship was the opportunity for Four Pointes members to experience the incredible sights and education of the ArtPrize event. Engaging in ArtPrize is a shared learning experience between the GVSU OT students and older adults. Every year a comprehensive tour thru the 3 mile radius ArtPrize event is developed by the GVSU Occupational Therapy students for members of Four Pointes. Students utilize their academic and practical skills to design an engaging and meaningful experience for all members, regardless of ambulatory level.

Camp BuckaRoo

The Buckingham

Camp BuckaRoo is a team member and resident intergenerational event. Since the summer is filled with visits from residents' grand- and great-grandchildren, we decided to hold an all day camp to entertain and engage residents' grandchildren and team members' children. There were several activities throughout the day which included: guided arts and crafts, the BuckaRoo challenge (games), swimming (lifeguards were team members' children/residents' grandchildren) baking, camp songs and much more! We even had camp BuckaRoo t-shirts as souvenirs. There were several committees in charge of program development (team members & residents) and volunteers from local schools chipped in as camp counselors and received community service hours.

Vintage Wedding Dress Show

Someren Glen

Someren Glen partnered with the Cherry Creek's National Charity League for a vintage wedding dress show. The sophomore girls modelled seven gowns from residents and their children. A pianist played for the show and the models handed their bouquets to the dress owners. The event was well received and shared happy memories with a new generation. The residents connected with the high school girls.

Community Partnership with DU School of Social Work

Clermont Park

Clermont Park partnered with the Graduate School of Social Work at the University of Denver in the 2014-2015 and 2015-2016 academic years. Students in a "Perspectives & Trends in Health and Wellness" class interviewed residents about wellness and the aging process. Groups of residents participated in panels at several classes (including one caregiver panel). Over 40 students from an "Evolving Perspectives & Trends in Aging" course participated in or led a Clermont College class. With the support of a University sponsor, we conducted a research study to see how students' perceptions of aging changed before and after their experience in a Clermont College class. We found a statistically significant decrease on an ageism scale. Several Clermont Park Residents speak in the students classes about ageism as well.

Mentor Partnership with Fresno State

Terraces of San Joaquin Gardens

Through our community partnership with Fresno State University, students are paired with a resident that has had a career in the students chosen major. The residents share their personal and professional experiences of their careers.