

Tips for a Successful MPL Review Campaign in Higher Levels of Living



THE TERRACES OF PHOENIX

- 1.** Train all team members on MPL and the review process.
- 2.** Build a team of 4-6 individuals who can facilitate both the Lifestyle Review and the Mobility Review. A few members from fitness or therapy and a few members from each level of living. For example, three fitness professionals and four Lifestyle Coordinators, one for each level of living; RL, AL, Skilled and Memory Support. All team members have the task of processing each review with all willing and able participants.
- 3.** Don't rush the process; if you want as many participants as possible in higher levels, work with each resident on an individual basis, be prepared that the process may take weeks to months for the entire population of the level of living.
- 4.** Customize the reviews for each person's needs. For example, one person might need the questions and answers read to them and have you fill in the appropriate bubble. Another might like to have you read the question, but then use the pencil themselves to mark their answer. Another might not want to answer one of the SIPS areas, that's okay.
- 5.** Go to the residents, the T of P team makes house calls and takes all their equipment with them.