**Instructions for Listening to Podcasts on an iPhone**

1. Look at the Apps pre-installed on your iPhone screen. Click on/Open the one titled **Podcasts** (white microphone with purple background).
2. Click on the “**Search**” icon (a **magnifying glass** picture) on the bottom right hand corner of the screen.
3. When the Search Bar appears at the top of the screen, type in the title of the Podcast you wish to listen to (Check out Dr. Roger and Friends: The Bright Side of Longevity by Masterpiece Living). Now tap the word “**Search”** (in blue box) at lower righthand corner of the screen.
4. The Podcast Show will appear on your screen (now skip to instruction # 8).
5. If you don’t have a specific Podcast Show you are interested in and wish to search for a topic of interest, type in any subject you are interested in on the Search Bar (mysteries, arts, history, cooking, travel, meditation, law, dog training, etc.).
6. A variety of Podcast Shows related to your search topic will appear on your screen.
7. Scroll to see the list of suggested Podcasts Shows on this topic.
   1. If there is a “**See All**” notice, tap on it and numerous shows on the topic will appear. Scroll to see the titles of all related shows.
8. Tap on any **Podcast/ “Show”** to read a brief description.
9. Recent **Episodes** will be listed below the Podcast/Show description. Each episode provides a brief description and the length of the recording in minutes.
10. Once you have found an episode of the Podcast Show you are interested in, tap on it to begin.
11. You can stream a podcast (listen to it right then) or download it to listen to later (convenient for travelling).
    1. To download the podcast, tap on the “+” then the download button (a cloud with a down-arrow) will appear. It will now be stored on your phone in your Podcast Library.
12. Have fun using Podcasts for entertainment and learning!

Extra notes:

* Some Podcast shows have many episodes and some shows have only a few episodes.
* The length of podcasts can run from as short as 15 minutes to over 2 hours. You don’t have to listen to a full episode at one time. You can pause it and return to where you left off later.
* You may wish to subscribe to a Podcast Show if you enjoy it. This way, new episodes will automatically be delivered to your iPhone.
* You can listen to the podcasts through the iPhone speakers, or through inserting earplugs into the iPhone (suggested when around others who don’t wish to also listen).