



No Bake Energy Balls



Prep
10 m

Ready In
40 m



King Soopers
7984 W Alameda Ave
LAKEWOOD, CO 80226



Recipe By: Kayla Janis

"Easy and quick. Make as breakfast bites for the whole week! Store in an airtight container and refrigerate for up to 1 week."

Ingredients

- | | |
|--------------------------|------------------------------------|
| 1 cup old-fashioned oats | 1/3 cup honey |
| 1/2 cup peanut butter | 1 tablespoon chia seeds (optional) |
| 1/2 cup ground flax seed | 1 teaspoon vanilla extract |
| 1/2 cup chocolate chips | |

Directions

- 1 Combine oats, peanut butter, ground flax seed, chocolate chips, honey, chia seeds, and vanilla extract together in a bowl. Cover and chill dough in the refrigerator 30 minutes.
- 2 Remove dough from refrigerator; roll into balls, about 1 inch in diameter.

Jif Creamy Peanut Butter 40 Oz

\$5.69 for 1 item - expires in 1 day

Ghirardelli Chocolate Semi-Sweet Chocolate Baking Chips 12 Oz

\$3.50 for 1 item - expires in 1 day

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Printed From Allrecipes.com 4/13/2020