**Champion Teams**

What is a Champion Team?

A champion team is similar to a task force. This group of champions are the leaders and cheerleaders of the successful aging movement in your community. They meet once or twice a month to brainstorm, make plans and move tasks forward with a successful aging focus and intention. The team is made up of team members and residents.

What is a Champion?

A Champion is a representative of the mission of successful aging at their community. They are leaders and "out of the box" thinkers that join a team to enhance the culture of growth and successful aging at your organization.

What makes a successful Champion?

Individuals who are:

* Well-liked and respected by peers
* Ambitious and willing to be involved
* Influential in the community
* Have a philosophy consistent with or complimentary to successful aging
* Positive and encouraging
* A proponent of successful aging
* Diverse skills and abilities

Resident and Team Member Champion Checklist

* Articulate the philosophy of successful aging, the four components and why EACH one is vital in how we age.
* Read the book ***Live Long Die Short****.*
* Participate in planning successful aging events, programs, and campaigns.
* Complete the Masterpiece Living Reviews and encourage others to participate.
* Participate in Follow-Up Sessions.
* Set and support successful aging initiatives using the community data and organizational goals.