DATE

Dear \_\_\_\_\_\_,

Thank you for participating in the Masterpiece Living Review(s). Enclosed please find/You recently received your individual report(s). The next step in the process is to participate in a Follow-up Session. This is an opportunity to clarify any questions you may have about your report and have a discussion about next steps. Please note that you will not be asked to share any information on your report at the Follow-up session; it is merely a time to reflect upon your current lifestyle choices as compared to research on Successful Aging, identify areas for growth & related next steps, and receive and provide peer support.

*Optional paragraph:* Follow-up sessions are generally held with a small group, and this is because lifestyle changes are more likely to be maintained long-term with peer support. That said, if you do not feel comfortable meeting in a small group, please let me know and I would be happy to arrange a private conversation.

Because the Follow-up Session is a time to have future focused conversation about your successful aging journey, our community will have more information as to how we can better support you. The Masterpiece Living Reviews are repeated annually so as to gauge your progress, provide our community updated, de-identified aggregate data to help us serve you better, and to provide de-identified longitudinal data about the aging process that will be used by Masterpiece Living to shape public policy for a better aging experience in our society.

Please join us for a Follow-up Session held DATE, TIME, LOCATION. If you’re not able to attend, please let me know.

Sincerely,

Lifestyle Coordinator/Executive Director