Movement matters Campaign
Post-Campaign Questionnaire

Please take a moment to fill out this questionnaire for **Movement Matters***.* We appreciate your thoughts about your experience.

 QUESTION RESPONSE (PLEASE CIRCLE BEST OPTION)

|  |  |  |  |
| --- | --- | --- | --- |
| I have learned or been reminded of the benefits of movement. | Disagree | Neither agree nor disagree | Agree |
| I had the support I needed to increase my daily movement.  | Disagree | Neither agree nor disagree | Agree |
| I incorporated more ways to move into my daily life during this campaign. | Disagree | Neither agree nor disagree | Agree |
| I will continue to move more every day.  | Disagree | Neither agree nor disagree | Agree |
| I believe my community benefited from this campaign. | Disagree | Neither agree nor disagree | Agree |

What did you like most about the **Movement Matters** Campaign?

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What changes or additions would you recommend for the **Movement Matters** Campaign?

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