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# Split Words Activity

This activity is designed to exercise the frontal lobes of the brain by exercising attention and concentration. This activity also requires use of visual memory (occipital lobes) and word recognition (temporal lobe). Draw a line from the letters on the right to the letters on the left to complete the word.

# SIM ILY

# IN PLE

# FAM ITH

# LO ILE

# HAP SPIRE

# SM NGE

# CHA IEVE

# STR PY

# FA VE

# BEL ONG

Answers: Simple – Inspire – Family – Love – Happy – Smile – Change – Strong – Faith - Believe

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# Verb Generation Activity: Athletes

Generating verbs is a challenging linguistic activity that exercises attention, executive functioning and word fluency. You may set a time limit of 60 seconds, 90 seconds or two minutes. What do athletes do?

|  |  |  |  |
| --- | --- | --- | --- |
| 1 |  | 11 |  |
| 2 |  | 12 |  |
| 3 |  | 13 |  |
| 4 |  | 14 |  |
| 5 |  | 15 |  |
| 6 |  | 16 |  |
| 7 |  | 17 |  |
| 8 |  | 18 |  |
| 9 |  | 19 |  |
| 10 |  | 20 |  |

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# One-Minute Game

Using the chosen letter, you will think of a word within each category that begins with that letter. You have one minute to complete all categories. At the end of the minute, we will compare answers.

|  |  |
| --- | --- |
| City |  |
| Things in a park |  |
| Country |  |
| Tool |  |
| Man’s Name |  |
| Candy |  |
| River |  |
| Things that are round |  |
| Historical figure |  |
| Cereal |  |
| School subject |  |
| Toy |  |

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# Anagrams

An anagram is a word or phrase formed by rearranging the letters of another word or phrase. For example, “Elvis” becomes “lives”. This is a fun addition to any cognitive enhancement program. We also have a related activity called Word Mines. If you ever want to find anagrams for a particular word, go to: http://wordsmith.org/anagram/index.html.

Answers: 1 Pulley, 2 Wheelbarrow, 3 Lever, 4 Staircase, 5 Fulcrum, 6 Bicycle, 7 Can Opener, 8 Screwdriver, 9 Zipper, 10 Knob, 11 Hinge, 12 Seesaw, 13 Clock, 14 Ramp, 15 Wheel and Axel

|  |  |  |
| --- | --- | --- |
| 1 | PELULY |  |
| 2 | WERELBOHARW |  |
| 3 | LVEER |  |
| 4 | SSTACIRAE |  |
| 5 | FLUUCRM |  |
| 6 | BCCILYE |  |
| 7 | CNA ONEEPR |  |
| 8 | SRIRECVWDER |  |
| 9 | ZPEPIR |  |
| 10 | KOBN |  |
| 11 | HGNIE |  |
| 12 | SSAEEW |  |
| 13 | CCOLK |  |
| 14 | RMPA |  |
| 15 | WEHEL DAN ALXE |  |

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# Mental Rotations

Instructions: Use the shape above the line to determine which of the shapes below the lines represents a ROTATED copy. Mirrored or similar images do not count. TIP: Try to use the process of elimination to narrow down your options.

|  |  |  |
| --- | --- | --- |
| Example: | 1 | 2 |
| A | B | C | D | A | B | C | D | A | B | C | D |
|  |
| 3 | 4 | 5 |
| A | B | C | D | A | B | C | D | A | B | C | D |
|  |  |  |

Answers: 1-B, 2-A, 3-D, 4-A, 5-B