NEUROBICS

Memory Strategies

# Animal Activity: Alphabetic Cueing Part 1

|  |  |  |
| --- | --- | --- |
| Letter | Round 1  | Round 2   |
| A  |   |   |
| B  |   |   |
| C  |   |   |
| D  |   |   |
| E  |   |   |
| F  |   |   |
| G  |   |   |
| H  |   |   |
| I  |   |   |
| J  |   |   |
| K |  |  |
| L |  |  |
| M |  |  |

NEUROBICS

Memory Strategies

# Animal Activity: Alphabetic Cueing Part 2

|  |  |  |
| --- | --- | --- |
| Letter | Round 1  | Round 2   |
| N  |   |   |
| O  |   |   |
| P  |   |   |
| Q  |   |   |
| R  |   |   |
| S  |   |   |
| T  |   |   |
| U |  |  |
| V |  |  |
| W |  |  |
| X |  |  |
| Y |  |  |
| Z |  |  |

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# Homonyms Activity

Homonyms are words that sound the same but are spelled differently and have different meanings. For example, hair and hare are homonyms. Try to generate the homonym for each word listed below.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1. Beet
 |  |  | 10. One |  |
| 1. Hoarse
 |  |  | 11. They’re |  |
| 1. Prince
 |  |  | 12. Bored |  |
| 1. Plain
 |  |  | 13. You |  |
| 1. Foul
 |  |  | 14. For |  |
| 1. Pale
 |  |  | 15. Cruise |  |
| 1. Nose
 |  |  | 16. Flower |  |
| 1. Sent
 |  |  | 17. Hi |  |
| 1. Whale
 |  |  |  |  |

Answers: 1. Beat 2. Horse 3. Prints 4. Plane 5. Fowl 6. Pail 7. Knows 8. Scent 9. Wail 10. Won 11. There 12. Board 13. Ewe 14. Four 15. Crews16. Flour 17. High

NEUROBICS

Memory Strategies

# Making a List, Checking It Twice

Objective: To practice categorizing information to create less strain on one’s memory and decrease the experience of forgetting. Study the following list for approximately one minute:

|  |  |  |
| --- | --- | --- |
| Party  | Sudoku  | Reading  |
| Dance  | Bingo  | Computers  |
| Singing  | Walking  | Gardening  |
| Yoga  | Tai chi  | Meditation  |
| Crossword puzzles  | Art  | Aerobics  |

NEUROBICS

Memories Strategies

# Homonyms Crossword Puzzle

Find the words that have the same sound as the clue but are spelled differently.



|  |  |
| --- | --- |
| **Across** | **Down** |
| 2. red | 1. sea |
| 4. by | 2. right |
| 6. clothes | 3. dear |
| 7. our | 4. blue |
| 8. wait | 5. knight |
| 9. aunt | 9. aloud |
| 11. there | 10. for |

Answers: Across: 2. Read 4. Buy 6. Close 7. Hour 8. Weight 9. Ant 11. Their

Down: 1. See 2. Right 3. Deer 4. Blew 5. Night 9. Allowed 10. Four